

May (5月) 2019

MON (一)	TUE (二)	WED (三)	THU (四)	FRI (五)	SAT (六)	SUN (日)
		1 WJ CGP	2 QP WJ CFP	3 QP WJ VYSI Com	4 QP* WJ EFP CFPK WJ+T (E) CFP	5 VYSI
6 QP WJ TTP_PM_TS	7 QP CGP WJ CFPK EGP	8 TTP_AM (3) DY WJ CGP	9 QP WJ NPRP Com	10 QP WJ OSG	11 NPRP HJ	12 NPRP HJ
13	14 QP CGP WJ CFPK EGP	15 MP TTP_AM (D) DY SJ* WJ CGP	16 QP WJ CFP	17 QP WJ GT CFPK WJ+T (E) CFP	18 BCMD QP* WJ EFP CFPK WJ+T (E) CFP	19 WJ* 1/2 day LTM (C)
20 QP WJ CFPK	21 QP CGP WJ EGP	22 QP WJ CGP	23 QP WJ CFP	24 Spring Festival QP WJ PW CFPK WJ	25 春季法會 QP* WJ EFP CFPK WJ OSG	26 Spring Festival WJ* DFK (C) DFK (E)
27 春季法會 QP WJ	28 Spring Festival QP WJ CFPK	29 春季法會 QP MD SJ	30 QP WJ CFP	31 QP WJ MB		

Regular Classes 定期課程

TTP_AM	導師訓練課程 (早上) [6:45-8:45am]
TTP_PM	導師訓練課程 (晚上) [7:30-9:30pm]
CFP	中文基礎課程 [四/六 7:30-9:30pm]
EFP	Eng. Foundation Program [Sat 1:00-5:00pm]
CFPK	中文基礎課程 [太子課室] [二 7:30-9:30pm][六 1:45-3:45pm]
CGP	中文普及課程 [二 11:00am-12:30pm]
CGP	中文普及課程 [三 7:30-9:00pm]
EGP	Eng. General Program [Tue 7:30- 9:00pm]

SJ*	Sojong Ceremony [11:00am - 12:00pm]
SJ	Sojong Ceremony [3:00 - 4:00pm]

[只限出家僧侶 For ordained Sanghas only]

MP	大乘八關齋戒 Mahayana Precepts [6:30-7:00am]
MD	《護法大齋供》 Melodious Drum [6:00- 9:15pm]

Special Events 特別活動

VYSI Com

VYSI

NPRP Com

NPRP

1/2 day LTM (C)

RW

DFK (E)

DFK (C)

《金剛瑜伽母》自灌頂練習釋義- 見道法師主講 Commentary to Vajrayogini Self-initiation practice with Gen Kelsang Tonglam [7:30pm- 9:15pm]

《金剛瑜伽母》自灌頂共修 Vajrayogini Self-initiation Puja [2:00pm- 6:30pm] [只適合已完成持咒閉關的人士 For those who have completed Counting Retreat only]

千手觀音八關齋淨化練習釋義 - 見道法師主講 Commentary to Nyungnay Purification Ritual Practice with Gen Kelsang Tonglam [7:30- 9:00pm]

千手觀音八關齋淨化練習- 見道法師主持 Nyungnay Purification Ritual Practice with Gen Kelsang Tonglam [6:30-8:30am; 11:00am-12:15pm & 2:30-4:00pm]

學習禪修半天課程 (中文) 1/2 day Learn to Meditate Course (Chinese) [10:00am-12:30pm]

律儀學堂- 佛壇日常供養 Ritual Workshop- Making Daily Shrine Offerings 星期六 Saturday [2:00pm - 4:00pm]

兒童禪修班 (英文) Dharma for Kids (English) [10:30am-12:00pm]

兒童禪修班 (中文) Dharma for Kids (Chinese) [10:30am-12:00pm]

Regular Pujas 定期共修

Last update : 19/04/2019

BCMD	《菩薩墮戒懺悔練習》 The Bodhisattva's Confession of Moral Downfalls Practice [9:00-10:00am]
HJ	《心寶》共修 Heart Jewel [9:00- 9:40am]
WJ	《如意寶》共修 Wishfulfilling Jewel [5:30-6:40pm]
WJ*	《如意寶》共修 Wishfulfilling Jewel [8:00- 9:10am]
WJ+T	《如意寶》齋供 Wishfulfilling Jewel+ Tsog [5:30-6:45pm]
OSG	《上師供養》齋供 Offering to the Spiritual Guide [7:30-9:30pm]
MB	《藥師佛》共修 Medicine Buddha Puja [8:00-9:00pm]
GT	《綠度母》共修 Green Tara Puja [8:00-9:00pm]
PW	《遷識法》共修 Powa Ceremony [8:00-9:00pm]

QP 《大樂速道》Quick Path to Great Bliss [7:00-9:00am]

QP* 《大樂速道》Quick Path to Great Bliss [10:00am-12:00pm]

DY 《空行母瑜伽》 Dakini Yoga [一、三 Mon, Wed 9:30-10:30am]

[只適合已接受無上瑜伽密法灌頂之人士 For those who have received HYT empowerments]