

May (5月) 2023

MON (一)	TUE (二)	WED (三)	THU (四)	FRI (五)	SAT (六)	SUN (日)
1	2 WJ (E)TA teaching 3	3 WJ (C)TA teaching 3	4 DY WJ	5 SR in Kadoorie	6 SR in Kadoorie	7 SR in Kadoorie
8 SR in Kadoorie	9 SR in Kadoorie	10 SR in Kadoorie	11 DY WJ TTP CFP	12 WJ GT	13 QP EFP WJ+T (E) CFP	14
15 DY MP WJ	16 WJ	17 WJ	18 DY WJ CFP	19 WJ PW	20 QP WJ+T (C) CFP	21 RW
22 DY WJ	23 WJ	24 WJ	25 DY WJ OSG	26 Spring Festival MD	27 春季法會 Term Break	28 Spring Festival 中心休假
29 春季法會 Term Break	30 Spring Festival 中心休假	31 春季法會 Term Break				

Regular Classes 定期課程

- TTP** 導師訓練課程 (晚上) [7:30-9:30pm]
CFP 中文基礎課程 [四/六 7:30-9:30pm]
EFP Eng. Foundation Program [Sat 1:00-5:00pm]

- MD** 《護法大蓄供》 Melodious Drum [3:00- 6:15pm]
MP 大乘八關齋戒 Mahayana Precepts [6:30-7:00am]

Special Events 特別活動

- (E)TA Teaching**
(C)TA Teaching
SR

RW

- "Tranquil Abiding: Bliss of Concentration" Teaching and Retreat with Gen Kelsang Tonglam - part 1 Teachings on 2/5 [7:30-9:15pm]
 「寂止」：禪定之樂 - 教學與閉關 - 見道法師主持 - 第一部份教學 3/5 [7:30 -9:15pm]
 「寂止」：禪定之樂 - 教學與閉關 - 見道法師主持 - 第二部份止語閉關-於嘉道理中心 [5/5 - 10/5]
 "Tranquil Abiding: Bliss of Concentration" Teaching and Retreat with Gen Kelsang Tonglam -part 2 Silent Retreat at Kadoorie Centre [5/5 -10/5]
 佛教持咒及製作念珠工作坊-噶當巴老師 Dianna及 Catherine Lau主持 [10:00am -12:30pm]
 Buddhist Mantra and Mala Making Workshop with Kadam Dianna & Catherine Lau [10:00am -12:30pm]

Regular Pujas 定期共修

- WJ** 《如意寶》共修 Wishfulfilling Jewel [5:30-6:40pm]
WJ+T 《如意寶》蓄供 Wishfulfilling Jewel+ Tsog [5:30-6:40pm]
OSG 《上師供養》蓄供 Offering to the Spiritual Guide [7:30 -9:15pm]
PW 《遷識法》共修 Powa Ceremony [8:00-9:00pm]
GT 《綠度母》共修 Green Tara Puja [8:00-9:00pm]

- DY** 《空行母瑜伽》 Dakini Yoga [2:00 -3:00pm]
QP 《大樂速道》 Quick Path to Great Bliss [10:00am-12:00pm]

只適合已接受無上瑜伽密法灌頂之人仕

For those who have received HYT empowerments only

Last update : 15/4/2023