

February (2月) 2025

MON (一)	TUE (二)	WED (三)	THU (四)	FRI (五)	SAT (六)	SUN (日)
					1 Term Break	2 中心休假
3 Term Break	4 中心休假	5 Term Break	6 DY WJ GT	7 WJ	8 YBAGR WJ+T (E)*	9 無量壽佛瑜伽導引閉關
10 DY WJ OSG	11 WJ	12 WJ	13 DY WJ TTP	14 WJ PW	15 QP EFP WJ+T (C) CFP	16 VSI
17 DY WJ TTP	18 WJ EGP	19 WJ CGP	20 DY WJ TTP	21 WJ VS	22 QP EFP WJ+T (E) CFP	23 CE
24 DY WJ TTP	25 OSG* WJ EGP	26 WJ CGP	27 DY WJ TTP CFP	28 MD		

Regular Classes 定期課程

TTP	導師訓練課程 (晚上) [7:30-9:30pm]
EFP	Eng. Foundation Program [Sat 1:00-5:00pm]
CFP	中文基礎課程 [四/六 7:30-9:30pm]
CGP	中文普及課程 [三 7:30-9:00pm]
EGP	Eng. General Program [Tue 7:30- 9:00pm]
MD	《護法大蓄供》 Melodious Drum [6:00- 9:15pm]

Regular Pujas 定期共修

WJ+T	《如意寶》蓄供 Wishfulfilling Jewel+ Tsog [5:30-6:45pm]
WJ	《如意寶》共修 Wishfulfilling Jewel [5:30-6:40pm]
WJ+T*	《如意寶》蓄供 Wishfulfilling Jewel+ Tsog [5:00-6:15pm]
OSG*	《上師供養》蓄供 Offering to the Spiritual Guide [2:00 - 3:45pm]
OSG	《上師供養》蓄供 Offering to the Spiritual Guide [7:30 - 9:15pm]
PW	《遷識法》共修 Powa Ceremony [8:00-9:00pm]
GT	《綠度母》共修 Green Tara Puja [8:00-9:00pm]
VS	《獨尊金剛薩禪修與持誦》共修 Meditation and Recitation of Solitary Vajrasattva [8:00-9:00pm]
DY	《空行母瑜伽》Dakini Yoga [2:00 -3:00pm]
QP	《大樂速道》Quick Path to Great Bliss [10:00am-12:00pm]

[只適合已接受無上瑜伽密法灌頂之人仕 For those who have received HYT empowerments only]

Last update : 20/1/2025

Special Events 特別活動

YBAGR	無量壽佛瑜伽導引閉關-見道法師主持2月8-9日 [9:00am -10:30am, 11:30am-1:00pm & 2:30pm-4:00pm] The Yoga of Buddha Amitayus Guided Retreat with Gen Kelsang Tonglam on 8-9/2 [9:00am -10:30am , 11:30am-1:00pm & 2:30- 4:00pm]
VSI	《金剛瑜伽母》自灌頂共修 Vajrayogini Self-initiation Puja [2:00pm- 6:30pm] [只適合已完成持咒閉關的人士 For those who have completed Counting Retreat only]
CE	社群活動- 觀看《佛陀傳》-第二部份 Community Event- Watching "The Life of Buddha" part 2 [11:00am-1:00pm]