

April (4月) 2026

MON (一)	TUE (二)	WED (三)	THU (四)	FRI (五)	SAT (六)	SUN (日)
		1 WJ CGP	2 DY WJ NPRP Com	3 中心休假	4 NKT Day PFWP 24 hr Tara Puja WJ+T (C)	5 24 hr Tara Puja
6 中心休假	7 WJ EGP	8 WJ CGP	9 DY WJ TTP CFP	10 WJ* OSG*	11 NPRP WJ+T (E)*	12 HJ* NPRP
13 DY WJ	14 WJ EGP	15 MP WJ OSG*	16 DY WJ	17 WJ* EADC	18 EADC WJ+T **	19 EADC WJ+T **
20 EADC	21 WJ	22 WJ SJ	23 DY WJ*	24 SMR (offsite)	25 SMR (offsite)	26 SMR (offsite)
27 SMR (offsite)	28 WJ VY Com	29 MD	30 DY WJ TTP CFP			

Regular Classes 定期課程

- TTP** 導師訓練課程 (晚上) [7:30-9:30pm]
- CFP** 中文基礎課程 [四/六 7:30-9:30pm]
- EGP** Eng. Foundation Program [Sat 1:00-5:00pm]
- CGP** 中文普及課程 [三 7:30-9:00pm]
- EGP** Eng. General Program [Tue 7:30- 9:00pm]
- MD** 《護法大薈供》Melodious Drum [6:00- 9:30pm]
- MP** 大乘八關齋戒 Mahayana Precepts [6:30-7:00am]
- DY** 《空行母瑜伽》Dakini Yoga [2:00 -3:00pm]
- QP** 《大樂速道》Quick Path to Great Bliss [10:00am-12:00pm]

只適合已接受無上瑜伽密法灌頂之人仕

For those who have received HYT empowerments only

Special Events 特別活動

- NPRP Com** 千手觀音八關齋戒淨化練習釋義 -見道法師主講 Commentary to Nyungnay Purifying Ritual Practice with Gen Kelsang Tonglam [7:30- 9:00pm]
- NKT Day** 新噶當巴傳承日 New Kadampa Tradition Day
- PFWP** 「為世界和平祈願」共修 (中文) -見道法師主持 [10:00-11:00am]
- 24hr Tara Puja** 24小時度母讚 24 hr Tara puja [第一節 1st Session at 12:00pm on 4/4 & 最後一節 last session at 8:00am on 5/4]
- NPRP** 千手觀音八關齋戒淨化練習 Nyungnay Purifying Ritual Practice [6:30-8:30am; 10:30am-12:00pm & 2:00-3:30pm]
- EADC** 東亞佛法慶典- 「清淨之心 - 新的開始」金剛薩埵佛加持灌頂及淨化的教學 - 見道法師主持 [17-20/4]
East Asian Dharma Celebration - A Pure Heart, A New Beginning- Blessing Empowerment of Buddha Vajrasattva & Teachings on Purification with Gen Kelsang Tonglam
- SMR (offsite)** 「淨化」止語禪修閉關 - 見道法師主持 - 於上水賽馬會碧溪莊-
"Purification" Silent Meditation Retreat with Gen Kelsang Tonglam at Jockey Club Beas River Lodge (Sheung Shui) [24-27/4]

VY Com 金剛瑜伽母《大樂速道》修持釋義 - 見道法師主講 Commentary to Vajrayogini practice- "Quick Path to Great Bliss" with Gen Kelsang Tonglam [7:30pm- 9:15pm]

只適合已接受無上瑜伽密法灌頂之人仕 **For those who have received Highest Yoga Tantra empowerments only**

Regular Pujas 定期共修

- WJ** 《如意寶》共修 Wishfulfilling Jewel [5:30-6:40pm]
- WJ*** 《如意寶》共修 Wishfulfilling Jewel [11:00am -12:10pm]
- HJ*** 《心寶》共修 Heart Jewel [9:00-9:45am]
- WJ+T**** 《如意寶》薈供 Wishfulfilling Jewel+ Tsog [5:30-6:30pm]
- WJ+T*** 《如意寶》薈供 Wishfulfilling Jewel+ Tsog [4:00-5:10pm]
- WJ+T** 《如意寶》薈供 Wishfulfilling Jewel+ Tsog [5:30-6:40pm]
- OSG*** 《上師供養》薈供 Offering to the Spiritual Guide [2:00 -3:45pm]
- OSG*** 《上師供養》薈供 Offerings to the Spiritual Guide [7:30- 9:15pm]
- 佛陀成道日 [Buddha's Enlightenment Day Celebration](#)
- SJ** Sojong Ceremony [7:30-9:00pm]

[只限出家僧侶 For Ordained Sanghas only]

Last update : 20/3/2026